## UMSAEP UM-UWC Linkage Report Visit to Missouri, USA from 8 July 2019 to 17 July 2019

## **Project Title:**

Developing a Multi-site, Multi-Disciplinary Study Abroad Program: Psychological Expansion & Enhancement of a Current Study Abroad Offering

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## 1. Overview

Since 2011, Dr. Arif Ahmed of the Department of Health Administration at the University of Missouri-Kansas City (UMKC), has taught a successful study abroad course entitled Global Health and Social

the UM intercampus course sharing framework (Ahmed at UMKC & Taylor at UMSL). <u>Objective 2</u>: Dr. Taylor will visit the healthcare sites that the class currently utilizes to examine their attention to and focus on mental health. <u>Objective 3</u>: In collaboration with Dr. Roman (UWC), work to identify and establish collaborative relationships with Cape Town mental health focused agencies that will serve as additional site visit locations for UM students participating in this intercampus shared course.

The outcome of this work will be the development of an expanded, multidisciplinary, internationally-focused, course with added mental health components, including sites in Cape Town. Additionally, with the reconstruction of this course via the intercampus course sharing framework, there will be an increased course enrollment of UMSL students (especially those from Psychological Sciences and Social Work).

environmental health to occupational therapy and health promotion. The City of Cape Town oversees services here and there are multiple city departments (e.g., sanitation, housing) involved. There are also a number of local organizations involved in various projects within the community. Of concern was sustainability of any work that our group would do.

One the last day of the trip I attended the all-day workshop of Dr. Roman's Human Capabilities & Social Cohesion workgroup. Feedback from community-based data collection and processing of the experience for the staff (students) were a part of the day. There were also a number of research pathways moving forward discussed. We discussed a seldom covered area in this work; feedback from the staff who go into these communities and focus groups and papers to tell their story of this experience.

## 4. Outcomes

With these preliminary data in hand, Dr. Ahmed and I will continue to formulate plans with our South African colleagues for the May course and which sites make the most sense for us to consider.

Dr. Roman and I have begun to consider ways that our students could collaborate more. One possible project is that my students would do Zoom focus groups with her staff about their experiences.

During this visit we were able to sit and revisited a paper that was underway from previous work and upon my return submitted it.

Related to this, in-person we sketched out 6-7 papers that we have in various stages of development that our teams will work on.

Dr. Roman and I also did an assessment of the various data that we have from our work and began to plot more student-based usage of them.